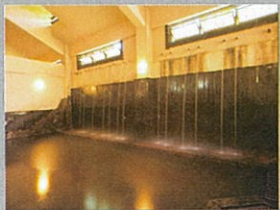


## ②Hizenyu Trailhead

Go down Sujiyu Onsen area and cross the bridge over Kusu river. The trailhead has a charged parking area (¥300). The trail leads you to Mt.Waita, which has a beautiful figure and is called "Kusu Fuji".

### Sujiyu Onsen

The public Onsen in Sujiyu area is famous for its hot water cascading 2m above. Being beaten by this hot water is said to be effective for stiff shoulder or muscle ache. Sujiyu Onsen has been used since ancient times, 958.



There are more than 20 inns in Sujiyu area at the foot of Mt.Waita.



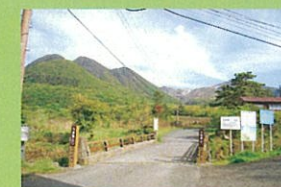
## Chojabaru Onsen

Chojabaru Onsen Area includes "Hosshyo Onsen", "Makinoto Onsen", and "Kanno-jigoku Onsen(cold spring)". This area used to be busy with the people working in the sulfur mine in Mt.Io. The mine was closed in 1971 and now this area is popular among tourists and hikers.

Hosshyo Onsen in Hosshyo Hotel→

## ①Chojabaru (Kuju Trailhead)

It is a popular trailhead as well as Makinoto Trailhead located on Yamanami Highway. You can approach various destinations from here, such as Mt.Mimata, Mt.Taisen, and Mt.Hiji. Many hikers start here for Bogatsuru camp site in summer.



Kuju Trailhead

## Trailheads with Onsen!

The Kuju Range has several mountains higher than 1700m. Many hikers visit here to enjoy hiking and beautiful seasonal scenery. Several trailheads are dotted around the Kuju Range. You can choose the best one among them which fits your experience and physical condition.

There are active volcanoes in Kuju, which provide with various Onsen (hot springs).

The history of Onsen in Kuju is long. Sujiyu Onsen, for example, is said to have been used for more than 1000 years. The spring sources in Kuju are rich in variation, such as sulfur, cold mineral, hydrogen sulfide and carbonated.

It must be so relaxing to get into Onsen after a long hike in a mountain. Here we introduce the trailheads which have Onsen nearby.

## Hokkein Onsen

and more...

Hokkein Onsen is located by Bogatsuru marsh. It used to be a temple which was a symbolic place of mountain worship. It opened as an inn in 1882, and has accepted many hikers since then. It is located in higher Place than any other Onsen in Kyushu.

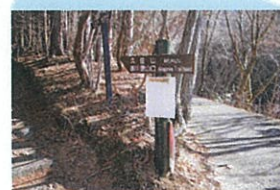


## If you'd like to know more about Onsen in Kuju....

Onsen map in Kuju is shown in the brochure "Rules and manners in the Kuju Range". Available in Chojabaru visitor center.



※ Contact the Onsen facility before you visit. It may be closed or the details may be changed depending on the situation.



## ⑤Akagawa Trailhead

Drive along National road 442 toward Akagawa Inn. You will find a trailhead with a parking space and toilet. This trail, which has a steep stairs, is the shortest route to get to Mt.Kuju.

### Akagawa Onsen

Akagawa Inn offers this Onsen. It is said to have been discovered by a soldier during the hunting training in 1185. It is a rare sulfur cold mineral spring which contains hydrogen sulfide and CO2 gas. Its beautiful cobalt blue water is very impressive.



## ④Ichibanmizu Trailhead (Resonate Club Kuju)

Along prefectural road 699, there is a hotel named "Resonate Club Kuju". The 3rd parking area of this hotel is open to hikers. This trail leads you to Bogatsuru or Mt.Tacchu by way of Kutami-wakare, where cherry blossoms are beautiful in spring.

### Kuju Onsen



The resort hotel, "Resonate Club Kuju" has offered this hydrogen carbonated Onsen since it opened 27 years ago. It contains moisturizing ingredient.



## ③ Gakurokuji Trailhead

Drive along prefectural road 669 and then Okubungo Green Road following the sign. You will find a parking area soon and the trailhead is ahead of the road. The trail leads you to Mt.Taisen by way of Nyuzan Kobyo grave yard.

### Shitirida Onsen

Drive down from Gakurokuji Trailhead for about 5 minutes to get to Shitirida Onsen. This is a natural carbonated hot spring. It has a long history: about 350 years ago, the 3rd lord of Oka



Clan, Hisakiyo Nakagawa, who was buried in Nyuzan Kobyo, built a tea house here and visited this Onsen often.

